

Year 3 Inspire Workshop

Thursday 11th September 2025



Holy Family Year 5
@year_holy

Agenda:

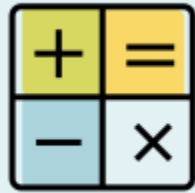
- Curriculum
- E-Safety
- Reading Expectations
- Maths & support at home
- Logins
- Healthy lunchboxes
- Homework
- Purple Mash
- Times Table Rockstars

Curriculum Subjects



English

- Poetry
- Diary Writing
- Persuasive Writing



Maths

- Addition & Subtraction
- Multiplication & Division
- Place Value



Science

- Animals incl Humans
- Forces and Magnets



RE

- Creation
- Reconciliation
- Advent



ICT

- E-safety
- Touch Typing
- Email

Curriculum Subjects



Art

- Drawing:
Growing Artists



PE

- Multi-Skills
- Tag Rugby



Music

- Charanga
- Guitars



History

Stone Age



Geography

A region in the UK:
East Anglia.

E-Safety:

- Keep Personal Information personal/Identity theft
- Keep Your Privacy Settings on
- Practice Safe Browsing
- Make Sure Your Internet Connection is Secure
- Be Careful What You Download
- Choose Strong Passwords – upper & lower case letters with numbers and symbols
- Be Careful What You Post.
- Don't leave your children unsupervised when online
- School's Safeguarding and Monitoring System

E-Safety:

Age Restrictions for Social Media Platforms

What is the minimum age for account holders on these social media sites and apps?

Under 13



Roblox



PopJam



FaceTime

13+



Twitter



Facebook and Messenger



Viber



WeChat



Monkey



Yubo



Dubsmash



Instagram



TikTok



Skype



Google Hangouts



Reddit



Snapchat



Pinterest

16+



WhatsApp



Telegram Messenger



Tumblr

17+



Line



Sarahah



Tellonym

Reading:

- In school – Reading Plus – Shared Read – Guided Reading – Morning Reading
- At home – 15-20 minutes per evening (exposed to 1.8 million words a day)
- Take every opportunity (Reading Miles)
- Support:
 - Purple Mash
 - Books from school

Maths:

➤ In school – Daily Arithmetic through Flashback 4s – Daily Reasoning

➤ Maths Activities







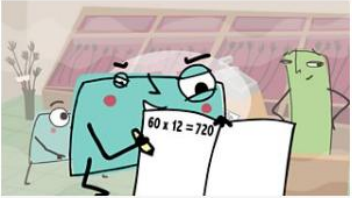
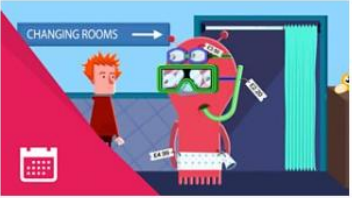
➤ At home – Maths Homework

➤ Support:

➤ TTRS

➤ Purple Mash







➤ BBC Bitesize

Numbers			
 <p>Place value</p> <p>2 Guides</p>	 <p>What are negative numbers?</p> <p>Find out how to count backwards from zero and order negative numbers.</p>	 <p>Factors, multiples and primes</p> <p>3 Guides</p>	 <p>What are square and cube numbers?</p> <p>Take a look at some square and cube numbers and learn the pattern that they follow.</p>
Calculations			
 <p>Adding and subtracting</p>	 <p>Multiplying and dividing</p>	 <p>Problem solving</p>	 <p>Rounding and estimating</p>

Logins:

- Keep logins safe and strictly private
- All login are monitored

Name: _____

<p>Computer Login</p>  <p>Username _____</p> <p>Password _____</p>	<p>Purple Mash Login</p>  <p>Username _____</p> <p>Password _____</p>
<p>TTRS Login</p>  <p>Username _____</p> <p>Password _____</p>	<p>Reading Plus Login</p>  <p>Username _____</p> <p>Password _____</p>
<p>SPAG.COM Login</p>  <p>Username _____</p> <p>Password _____</p>	<p>ThirdSpace Login</p>  <p>Username _____</p> <p>Password _____</p>

Healthy Lunchboxes:

- No nuts or chocolate
- Kept healthy with fruit & vegetables
- Enough to fuel them through the day



TESCO Real Food

Lunchbox tips



Keep them fuller for longer

Base the main lunchbox item on foods like bread, rice, pasta and potatoes. Choose wholegrain where you can.



Freeze for variety

Keep a small selection of different types of bread in the freezer so you have a variety of options – like bagels, pittas and wraps, granary, wholemeal and multigrain.



DIY lunches

Wraps and pots of fillings can be more exciting for kids when they get to make them. Dipping foods are also fun and a nice change from a sandwich each day.



Cut back on fat

Pick lower-fat fillings – like lean meats (including chicken or turkey), fish (such as tuna or salmon), lower-fat spread, reduced-fat cream cheese and reduced-fat hard cheese. And try to avoid using mayonnaise in sandwiches.

[See more healthier swap ideas](#)



Mix your slices

If your child does not like wholegrain, try making a sandwich from 1 slice of white bread and 1 slice of brown bread.

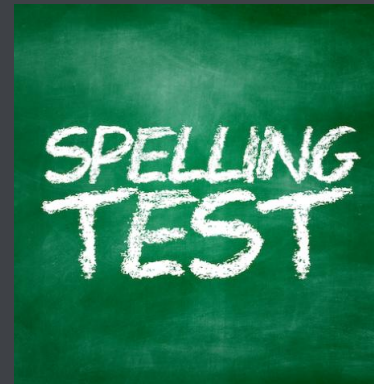


Always add veg

Cherry tomatoes, or sticks of carrot, cucumber, celery and peppers all count towards their 5 A Day. Adding a small pot of reduced-fat hummus or other dips may help with getting kids to eat vegetables.

Homework

- Weekly Homework –Maths & Spellings (Comprehension and SPAG after Half Term)
- Times Table Rock Stars
- Purple Mash
- Reading every evening for 15-20 minutes
- Make sure children's planners are signed each evening so that they can collect stamps and earn rewards.





Thank You

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Questions...

The Kahoot! logo is centered in a large, white, pixelated font. The background is a vibrant purple space scene. At the bottom center, a small Earth globe is visible, covered with various colorful location pins. Surrounding the globe and scattered across the purple background are several floating Kahoot! game cards, each featuring the brand's signature red, yellow, green, and blue color scheme. In the upper right corner, a rocket ship is depicted launching upwards. The entire scene is punctuated by small, white, four-pointed starburst graphics.

Kahoot!

Activity 2: E-Safety Kahoot