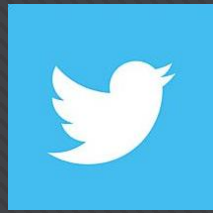


Year 5 Inspire Workshop

Wednesday 1st October 2025



Holy Family Year 5
@year_holy

Agenda:

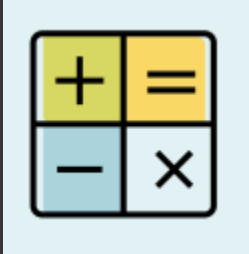
- Curriculum
- E-Safety
- Reading Expectations
- Maths & support at home
- Logins
- Healthy lunchboxes
- Homework
- Cash Pot for Schools
- Reading Plus
- Design E-Safety Poster

Curriculum Subjects



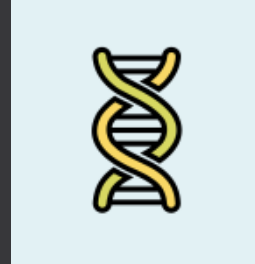
English

- Biographies
- Poetry
- Diary Writing
- Persuasive Writing



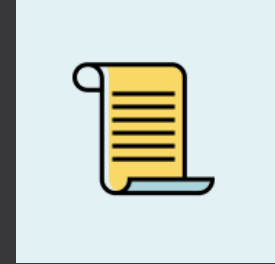
Maths

- Addition & Subtraction
- Multiplication & Division
- Fractions
- Place Value



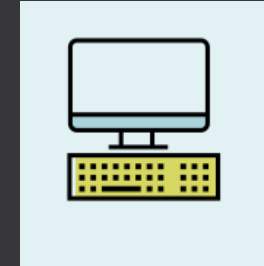
Science

- Earth and Space
- Forces



RE

- Creation
- Miracles and Sacraments
- Advent



ICT

- Project Evolve
- E-safety
- Coding

Curriculum Subjects



Art

- Portraits



PE

- Tag Rugby
- Football



Music

- Young Voices
2025
- Guitars



History

Ancient Greece
Early Islamic
Civilisation



Geography

A region in North
America- California

E-Safety:

- Keep Personal Information personal/Identity theft
- Keep Your Privacy Settings on
- Practice Safe Browsing
- Make Sure Your Internet Connection is Secure
- Be Careful What You Download
- Choose Strong Passwords – upper & lower case letters with numbers and symbols
- Be Careful What You Post.
- Don't leave your children unsupervised when online
- Project Evolve and In School Monitoring of Online Activities

E-Safety:

Age Restrictions for Social Media Platforms

What is the minimum age for account holders on these social media sites and apps?

Under 13



Roblox



PopJam



FaceTime

13+



Twitter



Facebook and Messenger



Viber



WeChat



Monkey



Yubo



Dubsmash



Instagram



TikTok



Skype



Google Hangouts



Reddit



Snapchat



Pinterest

16+



WhatsApp



Telegram Messenger



Tumblr

17+



Line



Sarahah



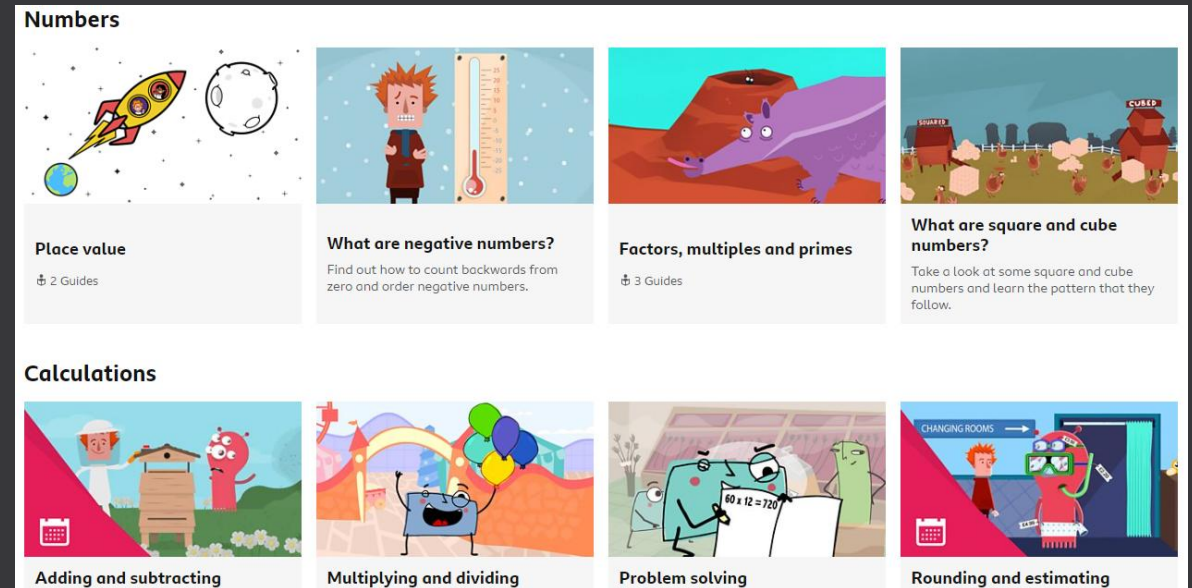
Tellonym

Reading:

- In school – Reading Plus – Shared Read – Guided Reading – Morning Reading
- At home – 15-20 minutes per evening (exposed to 1.8 million words a day)
- Take every opportunity (Reading Miles)
- Support:
 - Purple Mash
 - Reading Plus
 - Books from school

Maths:

- In school – Daily Arithmetic through Flashback 4s – Daily Reasoning and Mastering Numbers
- Maths Activities
- At home – Maths Homework
- Support:
 - TTRS
 - Purple Mash
 - BBC Bitesize



Logins:

- Keep logins safe and strictly private
- All login are monitored

Name: _____

Computer Login  Username _____ Password _____	Purple Mash Login  Username _____ Password _____
TTRS Login  Username _____ Password _____	Reading Plus Login  Username _____ Password _____
SPAG.COM Login  Username _____ Password _____	ThirdSpace Login  Username _____ Password _____

Attendance:

A great start to our attendance this year ! Well done to Nursery and Year 6 who had 100% attendance this week.

Nur 100% ★

Rec 95.5%

1JY/CY 98.9%

2EH 95.4%

3FM 98.1%

4RK 98.7%

5KO 98.5%

6JM 100% ★

Whole school = 97.6% 👍

ATTENDANCE MATTERS

6 days or less
absence per year

97% or above

**VERY GOOD
THIS IS YOUR
TARGET**

Between
7 and 19 days
absence per year

90% - 96%

**BELOW
EXPECTATIONS**

More
than 19 days
absence per year

Under 90%

**POOR
ATTENDANCE**

Healthy Lunchboxes:

- No nuts or chocolate
- Kept healthy with fruit & vegetables
- Enough to fuel them through the day



TESCO Real Food

Lunchbox tips



Keep them fuller for longer

Base the main lunchbox item on foods like bread, rice, pasta and potatoes. Choose wholegrain where you can.



Freeze for variety

Keep a small selection of different types of bread in the freezer so you have a variety of options – like bagels, pittas and wraps, granary, wholemeal and multigrain.



DIY lunches

Wraps and pots of fillings can be more exciting for kids when they get to make them. Dipping foods are also fun and a nice change from a sandwich each day.



Cut back on fat

Pick lower-fat fillings – like lean meats (including chicken or turkey), fish (such as tuna or salmon), lower-fat spread, reduced-fat cream cheese and reduced-fat hard cheese. And try to avoid using mayonnaise in sandwiches.

[See more healthier swap ideas](#)



Mix your slices

If your child does not like wholegrain, try making a sandwich from 1 slice of white bread and 1 slice of brown bread.

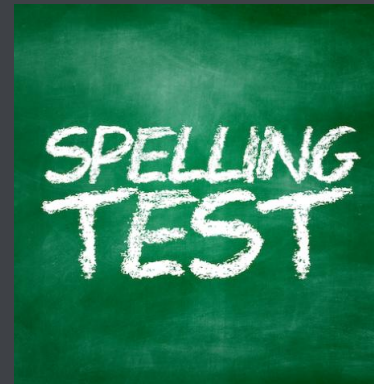


Always add veg

Cherry tomatoes, or sticks of carrot, cucumber, celery and peppers all count towards their 5 A Day. Adding a small pot of reduced-fat hummus or other dips may help with getting kids to eat vegetables.

Homework

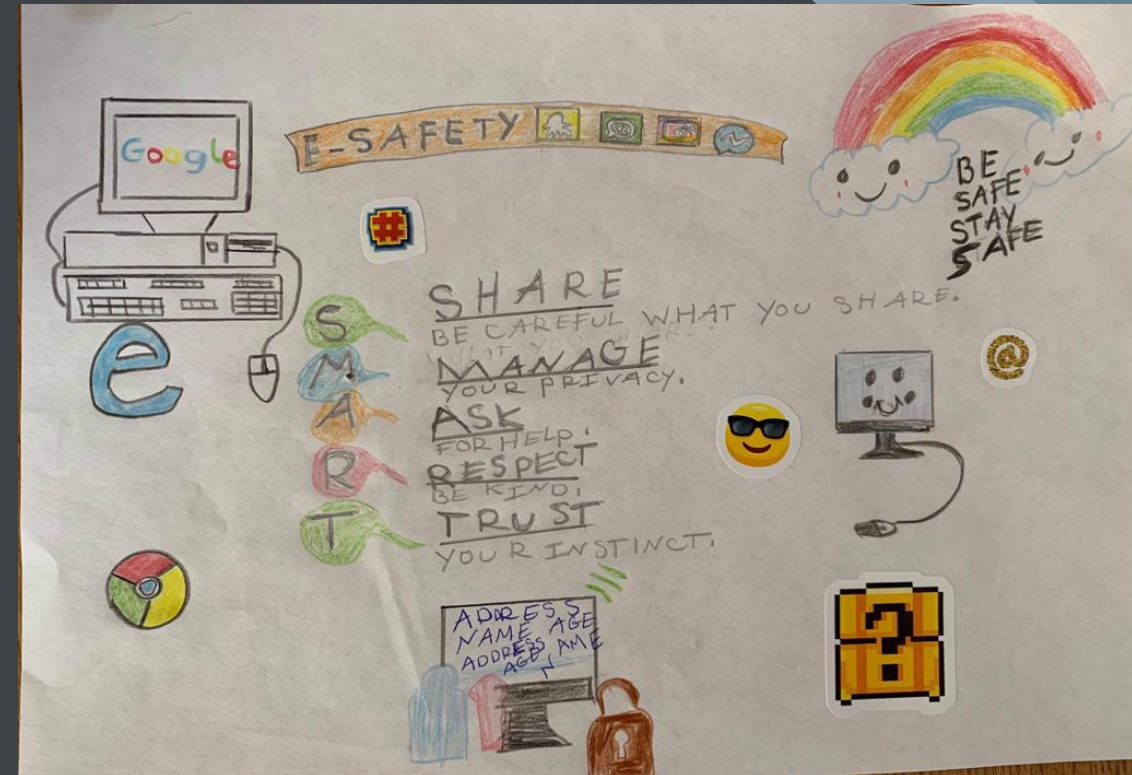
- Weekly Homework –Maths & Spellings (Comprehension and SPAG after Half Term)
- Times Table Rock Stars
- Purple Mash
- Reading Plus
- Reading every evening for 15-20 minutes
- Make sure children's planners are signed each evening so that they can collect stamps and earn rewards.



Activity – E-Safety Poster for KS1

S Stay Safe Don't give out your personal information to people / places you don't know. 	M Don't Meet Up Meeting someone you have only been in touch with online can be dangerous. Always check with an adult you trust. 	A Accepting Files Accepting emails, files, pictures or texts from people you don't know can cause problems. 	R Reliable? Check information before you believe it. Is the person or website telling the truth? 	T Tell Someone Tell an adult if someone or something makes you feel worried or uncomfortable. Follow these SMART tips to keep yourself safe online! 
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SMART tips based on resources from www.thinkuknow.co.uk



Activity – E-Safety Poster for KS1

- Keep Passwords safe
- Do not speak to strangers online
- Never give out personal information
- Have regular breaks from devices
- In in doubt, tell someone